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## **Instructions for Patients for General Anesthesia or Sedation**

- NO EATING or DRINKING after midnight the night before surgery. You must refrain from all food and liquids including water for eight hours prior to the appointment.
- Patients must be accompanied by a responsible adult, who will wait for the patient and accompany the patient home.
- Patients should wear loose clothing, and a short sleeve shirt.
- Female patients should remove all nail polish prior to the day of surgery.